



**PARENTAL CONSENT FORM
for events of 50 miles or less**

Notes for Parents & Guardians

The minimum age for unaccompanied children on this event is 18 There is no lower age limit if accompanied by a responsible adult acting *in loco parentis*, but a signed parental consent form is required and the child must be a member of the Sotonia CC.

Parents or guardians must be aware:

- of the demands of this cycling event and that they alone make the decision about the ability of their child to complete the ride.
- that while Sotonia CC extends a welcome to cyclists of all ages and abilities, no special provision for children is provided on this event.

Arrangements to get to and from the ride are the sole responsibility of the parent or guardian.

Sotonia CC, its members, agents and other participants may take photographs during the course of this event, mostly for private use but some may be for local or national publicity purposes. It may be difficult to ensure that photographs in which your child appears will not be used in any way. If you have concerns about this please speak to the leader/organiser.

I consent for the child named opposite to participate in the cycle ride listed. I have read and understood the Notes above.

Signature of parent or guardian:

Name (in BLOCK CAPITALS):

EVENT

DATE:

Cost: £1.00 (free to Sotonia CC members)

Event Information

Events with a distance of 50 miles or less are for experienced cyclists but are also suitable for competent riders who have not ridden a Reliability Ride before. Riders should not start if they do not have suitable clothing and equipment for winter riding.

Riders should be able to average at least 12 mph for the distance of the event entered. The event is not marshalled or signed in any way and riders should ensure that they are completely self-reliant and have the necessary skills and equipment to get themselves home in cases of mechanical breakdown.

Additional notes:

Public roads and rights of way will not be closed and therefore entrants must be aware of other users, ride safely and follow the Highway Code. You should take in to account the variety of riding styles and abilities, and the likelihood that you will catch up with groups of cyclists along the way. Take care not to reduce your standard of cycling when consulting route sheets and stop in appropriate locations.

Details of participant: *(Please use BLOCK CAPITALS)*

First name: **Surname:**

Address:

..... **Postcode:**

Tel No: **Email:**

CTC/BC Gold or Silver Race or Ride membership number

(if applicable)

Date of birth:.....

Emergency contact details:

Name: **Telephone:**

Relationship to rider: