

Coffee/Tea Stops

Destination	Cafe	Grid Refe
Alderholt	The Sticky Bun, Wolvercroft World of Plants, Fordingbridge Road.	SU 124 132
Alresford	Any – take your choice	SU 589 325
Amesbury	Friar Tuck, 8 Salisbury Street	SU154 414
Beaulieu	The Old Bake House, or Fairweather's Garden Centre	SZ 386 023 SZ 386 020
Burley	Any – take your choice	SZ 211 031
Cranborne	Cranborne Manor Garden Centre	SU 445 176
Dandy's Ford	Dandy's Ford Fishery, Sherfield English	SU 296 216
Downton	The Borough Café	SU 175 214
East Meon	Beech Café, Sustainability Centre, Droxford Road	SU 675 191
Fordingbridge	Sandy Balls, Godshill	SU 169 146
Headbourne Worthy	The Good Life Farm Shop	SU 475 324
Holmsley	The Old Station, Holmsley, Nr Burley	SU 233 006
Horndean	Coach House, Queen Elizabeth Country Park, or Keydell Nurseries, Havant Road	SU 718 184 SU 706 126
Landford	Golden Acres Garden Centre	SU 263 196
Lasham Airfield	Clubhouse, The Avenue, Lasham	SU 677 438
Lee-on-Solent	Penguin Café, 6 Marine Parade West	SU 562 005
Lepe	Beach Café	SZ 298 082
Longstock Park	Leckford Estate Farm Shop	SU 367 389
Lyndhurst	Any – take your choice	SU 298 082
Middle Wallop	Museum of Army Flying	SU 300 391
Popham	Airfield Café	SU 530 441
Portsmouth Hill	Café 1871, Royal Armouries Museum, Fort Nelson	SU 607 072
Romsey	World of Water Tea Room	SU 353 227
Stockbridge	Any – take your choice	SU 369 350
Timsbury	Poppies, Choice Plants, Stockbridge Road.	SU 347 248
Whitchurch	H's Coffee Shop, 5 Newbury Street.	SU 463 482



Runs List January - March 2015

Clubruns start from Fleming Avenue Precinct Car Park, North Baddesley GR SU 396 197).

All riders are required to read "Riding With Us" and those attending their first clubrun should complete the "New Rider Introduction Form" available from www.sotonia.co.uk or from the Club Secretary 01794 323262.

All riders under the age of 18 must complete a Parental Consent Form, available as above, before attending anything organised by Sotonia CC. Please note, events such as times trials, reliability rides etc will require additional consent – see individual website/forum information.

Please bring a pump, spare inner tube(s) and tools. We request that you use mudguards in wet, muddy conditions. Riders are requested not to use tri-bars or headphones when riding with the Club.

Except for Dandy's Ford and Landford, who like to be notified beforehand, the destinations given are suggestions only and may be changed or added to on the day. If you wish to meet the club for coffee, please bear this in mind.

- Sotonia CC cannot be held responsible for any personal injury, accident, loss, damage or public liability during the ride and
ALL RIDERS MUST ADHERE TO THE RULES OF THE ROAD AND COUNTRYSIDE.
- CTC and British Cycling Gold Race, Silver Race or Ride members are covered by third party insurance, all riders who are not members of these organisations are advised to join CTC or British Cycling or obtain their own insurance.

Sotonia members can purchase CTC insurance and obtain British Cycling membership forms from the Club Secretary
01794 323262

Sunday/Bank Holiday Rides and Clubroom Events

Sunday and Informal runs will start from Fleming Avenue Precinct Car Park, North Baddesley. Start time for Sunday rides during January to March is 9.30 am. Time and place for all other events as advertised.

Riders start in groups according to speed and ability with most groups stopping for refreshments – distances will vary depending upon the group. Ask the group leader the anticipated distance before you start the ride.

The Clubroom is at Valley Park Community Centre, Chandlers Ford (opposite the Cleveland Bay PH)

Date	Destination
Sun, 4 January	Founders' Day: Coffee at Stockbridge with lunch at The Wheatsheaf PH, Braishfield.
Sun, 11 January	Dandy's Ford or ride the Watership Down Audax (pre-entry required see: http://www.winchesterctc.org.uk/events)
Sun, 18 January	Longstock
Sun, 25 January	9.30 am Romsey Bus Station: Chalke Valley Reliability Ride
	Beaulieu
Sat, 31 January	7 pm Annual Dinner and Prize Presentation – Ampfield Golf Club – details from Jan Burnage or Julian Gee
Sun, 1 February	Middle Wallop
Sun, 8 February	Lyndhurst
Tues, 10 Feb	8 pm Clubroom: "How the Club started", a picture show by Jim Love.
Thurs, 12 Feb	Provisional Date: 7 pm Roller Racing at Mountbatten School – Charity Event – organiser Jahane Hunter (Sotonia Race Team)
Sun, 15 February	Stockbridge or ride the CTC Early Season 50 starting from Fishers' Pond
Sun, 22 February	9.30 am Romsey Bus Station: Alresford/Chilbolton Reliability Rides
	Dandy's Ford

Sun, 1 March	10.00 am Club 10 mile TT – P182 Road Bike Challenge
	Landford
Sat, 7 March	Open 10 mile TT – "Test Valley TT Weekend" P140 in conjunction with Antelope RT
Sun, 8 March	Open 2-up 10 mile TT – "Test Valley TT Weekend" P140
	Longstock
Sun, 15 March	Beaulieu
Sun, 22 March	10.30 am Spring Hill Climb – Dean Hill
	Dandy's Ford
Sun, 29 March	9.30 am Romsey Bus Station: Pewsey 100 Reliability Ride
	Stockbridge
Sun, 5 April (Easter)	9 am Lyndhurst
Sun, 12 April	9 am Middle Wallop

Wednesday Wheelers

The Wednesday Wheelers meet every Wednesday at 10 am at Fleming Avenue Precinct Car Park, North Baddesley for informal runs. The destination is decided "on the day" dependent upon the weather and those attending.